



PATTONVILLE

— FIRE DISTRICT —



NEWSLETTER ♦ SUMMER 2023 EDITION

CAPTAIN MARK BARNHART RECEIVES “PRIDE OF PATTONVILLE” RECOGNITION...

Each year, Pattonville School District honors those who serve in the district with its *Pride of Pattonville Award*. The *Pride of Pattonville Award* is the district's most prestigious honor. Awards are given to recognize excellence in performance, service, character and contributions demonstrated by those who serve the Pattonville School District.

The *Pride of Pattonville Award* was established in 1980 to honor and recognize any district employee, parent, volunteer or other friend of the Pattonville School District. The award is based on several criteria, including service to the district above and beyond the call of duty, numerous types and years of service, support of the district and participation in its functions, and excellence in job performance as a staff member or volunteer.

A screening committee consisting of *Pride of Pattonville Award* recipients from the last two years makes the selection(s) from the nominations submitted by staff, students, parents and community members. Up to ten awards are given each year.

This year, Pattonville Fire Protection District's Captain/Paramedic Mark Barnhart was among the ten recipients chosen to receive the *Pride of Pattonville Award*. Captain Barnhart is the Pattonville Fire District's Public Education Coordinator in addition to his primary role serving as the company officer of Ladder 4815 on one of the three employee battalions.

Captain Barnhart continues to foster and build upon the strong relationship that exists between the Pattonville School District and the Pattonville Fire Protection District. He has developed and continues to manage fire prevention and outreach programs with the Pattonville School District including but not limited to: Annual Fire Prevention Week fire safety presentations for elementary school children; Annual

CPR training for all students in their freshman year at Pattonville High School; Development and coordination of a career shadowing program where Pattonville High School students have the opportunity to work alongside our Paramedic/Firefighters for a day to learn about a fire service career; Delivery of fire extinguisher training classes that include hands-on exercises and a real fire to be extinguished; as well as a vast array of other programs that protect the residents within our community.

Captain Barnhart is the second Pattonville Fire District employee to receive the *Pride of Pattonville Award*. Fire Chief Jim Usry was named a *Pride of Pattonville Award* recipient in 2022.

Congratulations, Captain Mark Barnhart on your receipt of the *Pride of Pattonville Award*! Your hard work, selfless service and dedication to our community does not go unnoticed. You embody and duly portray the meaning of *Whatever It Takes* each and every day!



Captain Mark Barnhart first learns of his receipt of the *Pride of Pattonville Award* at a private, surprise ceremony, and is congratulated by his biggest admirer - his son, Logan.



A MESSAGE FROM YOUR FIRE CHIEF, JIM USRY...

Greetings fellow residents!

I'm very proud to serve as your Fire Chief and lead one of the most progressive fire districts in the State of Missouri. Our Paramedic/Firefighters, Chief Officers, Staff, and Board of Directors work extremely hard to meet the needs of our community. We strive to be part of the solutions and identify areas that we can improve and provide better emergency services to you, *OUR residents and OUR community.*

I'm often asked, "what makes the Pattonville Fire Protection District different than other Fire Departments and Districts in St. Louis County?" I can honestly tell you, it is our people that make the difference in people's lives each and every day. As new Paramedic/Firefighters get hired into the Pattonville Fire District, we stress the importance of treating people with respect, dignity, and compassion. We give our Paramedic/Firefighters the authority to do what is in the best interest of our patients and property owners. We want our members to care for you like they want others to care for their own families. We encourage our Paramedic/Firefighters to be involved in the community and teach them to bleed green for our beloved "Pirate Nation."

We provide a higher level of service by only hiring Paramedic/Firefighters to staff our front-line equipment. We respond with four Paramedic/Firefighters on every fire truck and two Paramedic/Firefighters on each ambulance. Our Paramedic/Firefighters are trained in firefighting, emergency medical services, hazardous materials response, vehicle extrication, advanced rescue operations, swiftwater rescue, ice rescue, and boat rescue to meet the special hazards in our community.

We require our Paramedic/Firefighters to be certified providers in Advanced Cardiovascular Life Support (ACLS), Pediatric Advanced Life Support (PALS), Pre-Hospital Trauma Life Support (PHTLS), Basic Trauma Life Support (BTLS), Cardio Pulmonary Resuscitation (CPR), and train with Cardinal Glennon Children's Hospital to meet

the special needs of our pediatric community and their families.

The Pattonville Fire District is recognized by the Insurance Services Office (ISO) in providing Class 1 Fire Protection Services to our community. The Pattonville Fire Protection District is one of 428 fire departments/districts in the United States to receive a Class 1 rating. The Class 1 rating provides information to the insurance industry and can have a direct impact on lowering your property insurance premiums. The evaluation is completed by a third-party reviewer and is based on a rating system from one to ten. The lower the rating the greater level of fire protection services provided by the local fire department/district. These reviews are conducted every five years and scrutinize the agencies communication centers, fire department operations, and local water supply system.



We are there when you call for help. Our teams respond to mitigate your emergency. We strive to solve your problem and connect you to helpful resources when it is beyond our scope of services. We strive to keep your family together in times of crisis because we know how stressful emergency incidents can be. Our Paramedic/Firefighters keep the whole family in mind and not focus only on the individual with the immediate need. Our Paramedic/Firefighters know they have the opportunity to change peoples lives with every call. We want to be there for you.

We want you to enjoy our community and the amenities our cities have to offer over this summer. We have great neighborhoods and residents that take care of one another. Remember to check on your neighbors as friendly conversation and small acts of kindness go a long way in strengthening an already strong community. Enjoy your summer! I look forward to seeing you soon!

- Jim Usry, Fire Chief



A MESSAGE FROM YOUR FIRE DISTRICT BOARD OF DIRECTORS...

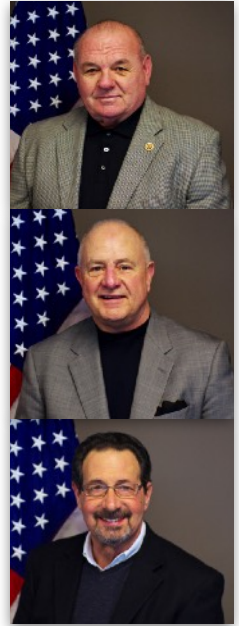
We hope 2023 is treating you well! We would like to give you a quick update on what has been going on in Pattonville Fire Protection District since our last newsletter.

We are happy to announce that there are several development projects going on in the Howard Bend Levy District. These projects are currently keeping our Fire Prevention Bureau very busy! Our Fire Marshal and Fire Inspector are working to ensure that all new buildings comply with our regulations, and that they are safe for the occupants of the building as well as our Paramedic/Firefighters if there were to be an emergency at these locations.

Last year was another busy year for our Paramedic/Firefighters on the front lines. We continue to see an ever-increasing total in the number of emergency calls to which our members respond on an annual basis. In addition to the increased call load, our Paramedic/Firefighters continue to train on the newest technology and techniques in emergency medical services and firefighting to ensure that you are receiving the best service and protection possible.

We are proud to offer a new program from our Public Education Division called "Stop the Bleed." This new offering is explained in greater detail later in this newsletter.

It was bittersweet that we said goodbye to Engineer Mary Jane Aydelott upon her retirement in January of this year. Mary Jane served the Pattonville Fire District's community for 25 years! Her hard work and dedication to this community, whether it be on a call or in setting the example of professionalism for the next generation of Paramedic/Firefighters, was second to none. We wish Mary Jane a long, happy and healthy retirement! Commensurate with MJ's retirement we would like to welcome Paramedic/Firefighter Nate Holmes to the Pattonville Fire District family. Nate came to us from the Ferguson Fire Department. We are excited to see what his future holds here at Pattonville.



While we hope you will never need our services, please know that our Paramedic/Firefighters are always a phone call away if you need them. Have a safe and enjoyable spring and summer!

*-Your Pattonville Fire District Board of Directors:
Chairman Bill Esterline, Treasurer Bob Soutier &
Secretary Bob Biondo*

1,200 TORNADOES
HIT THE U.S. EACH YEAR

An estimated 17% of Americans live in a tornado-prone zone, but they can touch down anywhere.

Make sure you DUCK during a tornado!

Down - Get down to the lowest level
Under - Get under something
Cover your head
Keep in the shelter until the storm has passed

AVOID HEAT-RELATED ILLNESSES

Heat stroke (sun stroke) is a medical emergency. Even with immediate treatment, it can be life-threatening or cause serious long-term problems.

PREVENTION TIPS

- Pay attention to the heat and modify your activities appropriately
- Don't wait until you're thirsty to drink more fluids
- Wear loose-fitting, lightweight and light-colored clothing
- Drink plenty of cold fluids and avoid alcoholic drinks

WARNING SIGNS

- Muscle cramps
- Dilated or constricted pupils
- Confusion or disorientation
- Headache, nausea or vomiting



STOP THE BLEED® - A NEW WAY FOR YOU TO SAVE A LIFE...

Pattonville Fire Protection District is proud to offer a new community education program known as *STOP THE BLEED*®.

The life-saving potential of early bleeding control relies on how quickly bleeding control is achieved. In a *STOP THE BLEED*® course, you'll learn three quick and easy techniques that will empower you to assist in an emergency and potentially save a life before someone bleeds out:

- (1) How to use your hands to apply pressure to a wound;
- (2) How to pack a wound to control bleeding;
- (3) How to correctly apply a tourniquet.



The *STOP THE BLEED*® training program is the result of a collaborative effort to bring knowledge of bleeding control to the general public. Together, the partnership between the American College of Surgeons Committee on Trauma and the Emergency Medical Services (EMS) workforce with their many collaborative relationships have provided the perfect nationwide platform for this program to grow into the success that it is today.

If you are interested in taking a *STOP THE BLEED*® class, please see the class information on the last page of this newsletter to get registered and save your seat!

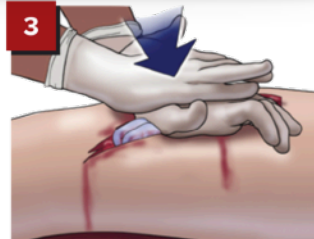
Four Easy Steps to Stop the Bleed & Save A Life!



Call 911



Apply Pressure with Hands



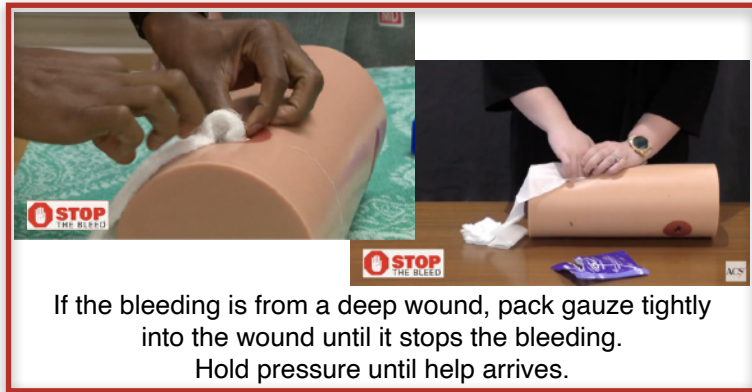
Pack Wound and Press



Apply Tourniquet



Apply direct pressure to the wound.



If the bleeding is from a deep wound, pack gauze tightly into the wound until it stops the bleeding. Hold pressure until help arrives.



Apply a tourniquet 2-3 inches above the wound. Tighten the tourniquet until the bleeding stops. Document the time that the tourniquet was applied. Do NOT remove the tourniquet.



EMPLOYEE SPOTLIGHT: PARAMEDIC/FIREFIGHTER BRAD BISHOP...

For this newsletter, Pattonville Fire District is proud to shine our employee spotlight on Brad Bishop. Brad was born and raised in the Pattonville community and graduated from Pattonville High School in 2005. From there he went on to complete Emergency Medical Technician and Paramedic training, then straight into the St. Louis Fire Academy, all while working for Pattonville Fire District's maintenance division. In 2010, Upon completing all of the educational requirements, Brad was hired as a full time Pattonville Paramedic/Firefighter. With thirteen years of service to our community, Brad now serves as a Paramedic/Firefighter on Ladder 4815 at Engine House #1 and is also qualified as an Acting Engineer and Acting Captain.

Brad is very involved and influential in the operations of our department by serving on several committees. He is currently the co-chair of the Tool Committee where he does an outstanding job of ensuring every tool on every truck is up to date, safe, inventoried, and in working order. He is responsible for making sure that all of our fire trucks are fully equipped with the appropriate and necessary tools that Paramedic/Firefighters need to accomplish any task. He just recently joined Pattonville's Apparatus Committee and will spend countless hours on and off duty working to design and outfit our future fire apparatus.

In addition to Pattonville's required training and certifications, Brad has gone above and beyond to obtain the training needed to be a member of the St. Louis County Rescue Strike Team. Brad is fully trained to take on any emergency that may arise, and he continually betters himself every year by attending multiple training opportunities on his own time.

On his time off-duty, Brad enjoys spending time with his daughter, Aeriana, and wife, Stefanie. Stefanie, a NICU nurse, has the same serving passion as Brad. He says Stefanie has always been an amazing, supportive partner to him. Brad also loves playing golf and attending Cardinal's games at Busch Stadium (Go Birds!).

When asked about being a Pattonville Fire District employee, this is what Brad had to say:

"My favorite part of working for the Pattonville Fire District is that we get the opportunity to protect, serve, and educate the families and friends of those I grew up around. The Pattonville Fire District is a great family-oriented environment and that is truly an extension of the families and town that we serve. The friendships I have made here at the Fire District as well as seeing old friends and families while on duty make it easy to show up to work. The ability to be prepared for whatever emergent or non-emergent event is a great challenge that I do not take lightly. I just feel blessed to be a small part of the team that is always looking to move the needle forward on what the community needs from their Fire District."

Thank you, Brad, for everything you do for our department and all the residents of the Pattonville Fire Protection District! You embody the spirit and meaning of *Whatever it Takes!*





PATTONVILLE IN ACTION, DOING WHATEVER IT TAKES TO PROTECT & SERVE...



Pattonville Paramedic/Firefighters begin an initial attack on a house fire on Adie Road.



Pattonville Paramedic/Firefighters extinguish a car fire on North Lindbergh Boulevard.



Pattonville Paramedic/Firefighters use our ladder truck to spray water in battle against a stubborn fire in a restaurant in University City.



Pattonville Firefighters participated in a wheelchair basketball game fundraiser for the Disabled Athlete Sports Association.



Pattonville Paramedic/Firefighters battling a deeply seated fire in a large warehouse in North St. Louis County.



Pattonville Paramedic/Firefighters used heavy rescue equipment to free a trapped occupant from a mini excavator that had rolled onto its side.



Crews working on the scene of an early morning house fire on Greenbridge Drive.



Firefighters rescued a kitten from a storm drain on St. Charles Rock Road.



Crews provided rescue swimmers for the Polar Plunge benefiting the Missouri Special Olympics.



Pattonville's Firefighter/Paramedics helped Santa Claus visit a local retirement living community.



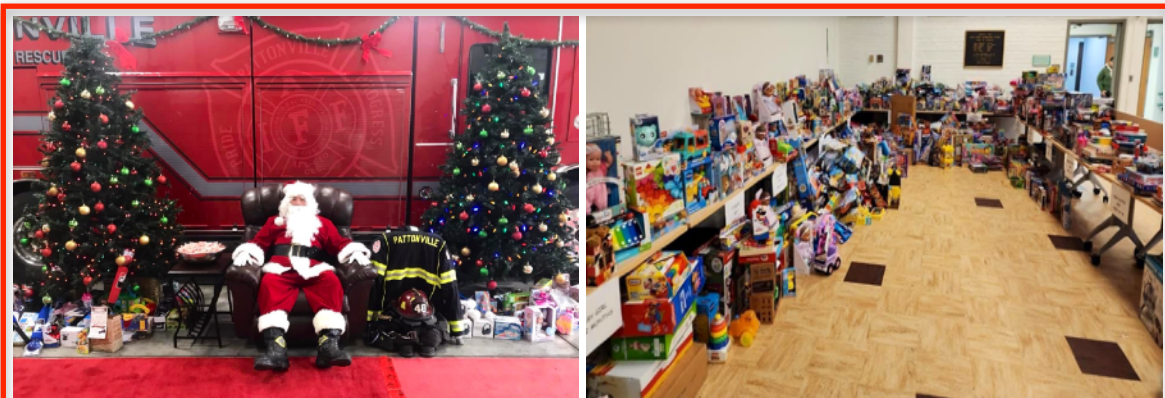
Bringing Santa to every house in the district is a long-standing annual tradition in Our Community!



A young resident helps crews reload hose after a recent fire.



Pattonville Firefighters installing a smoke detector during our annual smoke detector check for all district residents.



Our annual Breakfast with Santa Toy Drive and partnership with Pattonville School District allowed us to help bring the joy of Christmas morning to families in Our Community that needed a little encouragement during the Holiday Season.



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TREASURER BOB SOUTIER

PATTONVILLE FIRE PROTECTION DISTRICT CITIZENS' ACADEMY...

TOPIC

STOP THE BLEED®

WHEN

Thursday, August 10th, 2023

CLASS TIMES

Morning Class: 9 AM - 10 AM

Evening Class: 6 PM - 7 PM

WHERE

Pattonville Fire Protection District Headquarters
13900 St. Charles Rock Road
Bridgeton, MO 63044



All Pattonville Fire Protection District residents are welcome and encouraged to attend. There is no person too young or too old to learn this important skill!

Please call 314-740-4431 to reserve your seat(s) in the class!

